

# WOMEN'S SYMPOSIUM

CHANGE, CONFIDENCE, AND CREATING A  
PERSONAL DEVELOPMENT PLAN

Example



# TODAY'S AGENDA

*The objective of this workshop is to assist you in building a personal development plan. We will cover topics including change, confidence, personal mission statements, and leadership.*

- 30 min Introduction, Overview, & A Conversation on Change
- 30 min Owning your Path
- 30 min Personal Brand & Mission Statement
- 45 min Confidence & Goal Setting
- 15 min Break
- 45 min Personal Development Plans
- 15 min Sharing & Next Steps

# A CONVERSATION ON CHANGE

**change(v)**; move from one state of being, or one place, or one circumstance to another, the transformation, the action that happens when we move from one state to another.

**life(n)**; a state of functional activity and continual change peculiar to organized matter.

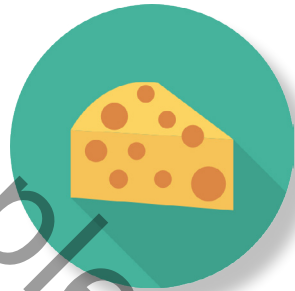
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## SUCCESSFUL CHANGE PERSPECTIVES



### **Our Iceberg is Melting™**

Changing and Succeeding  
Under Any Conditions



### **Who Moved My Cheese™**

An Amazing Way to Deal  
with Change in Your Work  
and in Your Life



*What would you do if you weren't afraid?*

Spencer Johnson

# A CONVERSATION ON CHANGE

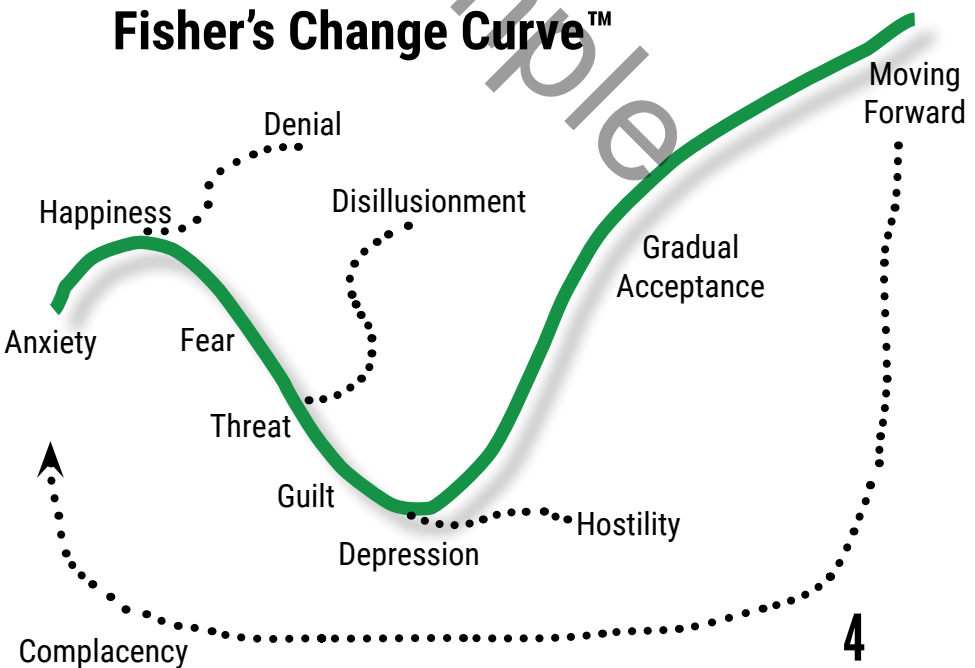


*How open are you to change?*

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# OWNING YOUR PATH



***Are you on a path to develop and change?***

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***There is only one corner of the universe you can be certain of improving, and that's your own self.***

Aldous Huxley

## **Leading Upward:**

Influencing a person of power to get a mutually beneficial result

## **Six Strategies:**

*Leading Up: How to Lead Your Boss So You Both Win (Useem, M)*

1. Take a walk in their shoes.
2. Build the relationship.
3. Ask yourself, "What's in it for them?"
4. Excel at what you do.
5. Be transparent with expectations.
6. Plan for the conversation.

